



How to use this coaching cycle planning template:

1. Consider your relationship with the individual teacher as well as both of your needs and comfort levels with the instructional coaching process.
2. Choose activities from Rita Bean's Intensity Levels of Coaching to build coaching cycles based on the needs and readiness levels of you and the teacher.

Rita Bean's Intensity Levels of Coaching Activities

Level 1: Informal; helps to develop relationships

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graph TD; L1[Level 1: Informal; helps to develop relationships] --> L2[Level 2: More formal, somewhat more intense; begins to look at areas of need and focus]; L2 --> L3[Level 3: Formal, more intense; may create anxiety on part of teacher or coach];
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Level 2: More formal, somewhat more intense; begins to look at areas of need and focus

Level 3: Formal, more intense; may create anxiety on part of teacher or coach

Level 1: Informal; helps to develop relationships

- having conversations with colleagues that identify issues or needs, setting goals, problem solving
- developing and providing materials for/with colleagues
- developing curriculum with colleagues
- participating in professional development activities such as conferences and workshops with colleagues
- leading or participating in study groups
- assisting or assessing students
- instructing students to learn about their strengths and needs

Level 2: More formal, somewhat more intense; begins to look at areas of need and focus

- co-planning lessons
- holding team meetings such as grade level meetings
- analyzing student work
- interpreting assessment data and helping teachers use results for decision making
- having individual discussions with colleagues about teaching and learning
- making professional development presentations for teachers

Level 3: Formal, more intense; may create anxiety on part of teacher or coach

- modeling and discussing lessons
- co-teaching lessons
- visiting classrooms and providing feedback to teachers
- analyzing videotaped lessons of teachers
- doing lesson study with teachers